

BLOOD PRESSURE CLINICS

Blood pressure clinics are offered every Wednesday afternoon during the immunization clinics at Veterans Memorial Hospital. Blood pressure Clinics are also held every 2nd Wednesday at the Waukon Wellness Center Mealsite and every 3rd Wednesday at the Southridge Apartments Community Room. All Blood Pressure Clinics are complimentary.



FOOT CLINICS

Foot Clinics are offered the 1st Monday afternoon of each month at Veterans Memorial Hospital. Please call 568-5660 for an appointment. The cost is \$30 and is not covered by Medicare.



**Veterans Memorial Hospital
Community and Home Care
40 1st St. SE
Waukon, IA 52172
(563)568-5660**

“Offering the assistance you need to remain living in your home as long as possible.”



Veterans Memorial Hospital

**COMMUNITY AND
HOME CARE**



Home Care Nursing Staff



Home Care Aides

Nursing Services

Home Health Care can provide continued medical treatment to individuals in the privacy and comfort of their own home. Registered nurses and home care aides travel Allamakee County and the surrounding area offering nursing care and in-home assistance to people of all ages. They offer a variety of nursing services, which include medication set-up and administration, dressing cares, IV's, catheter and colostomy cares and oversee rehabilitation in-home programs. RN staff are on-call 24 hours a day, 7 days a week.

Skilled nursing care is also available following a hospital stay, to provide assistance with pain control, wound care, and educating you on your medications.

Physical Therapists, Occupational Therapists and Speech Therapists can also assist in the home with exercise programs, strengthening, improvements in ambulation, and speech problems.



Pictured is Peggy Woodbeck, Home Care Aide; Amy Robinson, Physical Therapist and Melissa Clarke, Occupational Therapist with Rita Severson, former home care patient in front middle.

Home Care Aide Services



Pictured is Ann Dehli of rural Harpers Ferry, with one of her Home Care Aides, Joan Fish. "I appreciate these home care services very much as they allow me to remain in my own home and provide additional support for my husband and family. After my last major surgery, it was beneficial to receive the extra care, which enabled me to recover in my own home." Anne's services are funded by VA and privately.

A certified Home Care Aide can visit you in your home to provide assistance with personal cares including bathing, dressing, exercises and assistance with other activities necessary to remain safely in your home.

A home care aide can also assist with housework, laundry, meal preparation and running errands such as grocery shopping.



Pictured (left to right) is Kelly Deeney, RN; Ardis Ingvalson; and Hannah Cota, C.N.A.

Public Health Services

Immunization Clinics are held each Wednesday in the Community and Home Care office located on the upper level of Veterans Memorial Hospital.



Immunization Clinic Schedule:

1st and 3rd Wednesdays from
1-6 p.m.

All other Wednesdays from
1-4 p.m.



The Community and Home Care Receptionists, pictured here, will assist you with the paperwork and record keeping for all immunizations for you and your children.