

BLOOD PRESSURE CLINICS

Blood pressure clinics are offered every Wednesday afternoon during the immunization clinics at Veterans Memorial Hospital. Blood pressure Clinics are also held every 2nd Wednesday at the Waukon Wellness Center Mealsite and every 3rd Wednesday at the Southridge Apartments Community Room. All Blood Pressure Clinics are complimentary.



FOOT CLINICS

Foot Clinics are offered the 1st Tuesday afternoon of each month at Veterans Memorial Hospital. Please call 568-5660 for an appointment. The cost is \$25 and is not covered by Medicare.

LOAN CLOSET

Many pieces of durable medical equipment are available to be loaned out to anyone who may need them.

Our loan closet has:

- Walkers
- Wheelchairs
- Crutches
- Canes
- Toilet rails
- Tub benches
- Raised toilet seats
- Commodes
- Reachers



All of these items are available for you to rent for up to 6 months, for a cost of just \$10. Please come to the Community and Home Care office located on the upper level of Veterans Memorial Hospital for assistance, or call (563) 568-5660.



**Veterans Memorial Hospital
Community and Home Care
40 1st St. SE
Waukon, IA 52172
(563)568-5660**



Veterans Memorial Hospital

COMMUNITY AND HOME CARE

“Offering the assistance you need to remain living in your home, as long as possible.”



Nursing Services

Home Health Care can provide continued medical treatment to individuals in the privacy and comfort of their own home. Registered nurses and home care aides travel Allamakee County and the surrounding area offering nursing care and in-home assistance to people of all ages. They offer a variety of nursing services, which include medication set-up and administration, dressing cares, IV's, catheter and colostomy cares and oversee rehabilitation in-home programs. RN staff are on-call 24 hours a day, 7 days a week.

Skilled nursing care is also available following a hospital stay, to provide assistance with pain control, wound care, and educating you on your medications.

Veterans Memorial Hospital Community and Home Care now offers specialized wound care for patients in all areas of the hospital. Deb Eberling, RN, BSN, Certified Wound Ostomy Nurse, pictured below with Alverta Ehrie of Decorah, specializes in wound care. She works with patients of all ages who have acute or chronic wounds, as well as patients with ostomies, which are a type of bowel or bladder diversion. Deb enjoys developing treatment plans that encompass a holistic approach to wound healing. Her skills are being utilized not only in Home Care, but in all other areas of the hospital, both inpatient and outpatient.



Physical Therapists, Occupational Therapists and Speech Therapists can also assist in the home with exercise programs, strengthening, improvements in ambulation, and speech problems.

Home Care Aide Services



Pictured is Ann Dehli of rural Harpers Ferry, with one of her Home Care Aides, Joan Fish. "I appreciate these home care services very much as they allow me to remain in my own home and provide additional support for my husband and family. After my last major surgery, it was beneficial to receive the extra care, which enabled me to recover in my own home." Anne's services are funded by VA and privately.

A certified Home Care Aide can visit you in your home to provide assistance with personal cares including bathing, dressing, exercises and assistance with other activities necessary to remain safely in your home.

A home care aide can also assist with housework, laundry, meal preparation and running errands such as grocery shopping.



Pictured is Home Care Aide Joan Fish, with Victor and Jean Stuckman of Waukon.

Public Health Services

Immunization Clinics are held each Wednesday in the Community and Home Care office located on the upper level of Veterans Memorial Hospital.



Immunization Clinic Schedule:

1st and 3rd Wednesdays from

1-6 p.m.

All other Wednesdays from

1-4 p.m.

The Community and Home Care Receptionists, pictured below, will assist you with the paperwork and record keeping for all immunizations for you and your children.

